



Participants in the Women's Day Walk in Kenya, organized by Faith.



kanthari Quarterly Newsletter 1-2026

"I am no longer accepting the things I cannot change. I am changing the things I cannot accept." - Angela Davis

As the world watches tensions rise in Iran, where families on the edges, like in every war, suffer the most, we hope for peace soon. Just picture leaders using their power to bring people together, not tear them apart. Right now, we need change makers with big hearts to fix social and environmental problems more than ever. Those who prove that taking initiative can truly make a difference. Amid all the negative news that we are all exposed to, we're pleased to share some bright spots.

Over the past three months, our 2025 participants have worked on "Act 5" of the kanthari Curriculum--the launch phase of their ventures.

Here's a brief glimpse of a few who are already starting to make some waves;

Faith Siele - [Siana Africa](#) (Kenya)
Near the Kenya-Tanzania border, Faith empowers Maasai women who are affected by poverty and cultural barriers. She launched a pilot project to train six women in Aloe Vera farming, beading crafts, and beekeeping. In their very first session, just as they were critically discussing the common practice of early marriage, they were visited by a herd of giraffes! Like peeling an onion, the interaction with the women has revealed



Above: Workshop in Siana, Africa. Maasai women learning how to make traditional jewelry.



Left: Putri and Fransisca in their healing garden that they built together.



Right: Pranali Chikte in one of the many schools she visited on her 2,500 km journey home.



many layers of deeply rooted traditions and beliefs. It has been tricky yet rewarding to explore new and additional solutions to the challenges that have surfaced. Faith is determined to continue this rocky path.

Pranali Chikte - [Cycle Chaak Movement](#) (India)

After the kanthari TALKS in December, Pranali Chikte didn't take a train or plane to travel home. Instead, she set off on her bicycle for a 2500 km journey across South India's chaotic roads. On the way she stopped at 85 schools, NGOs and other organisations, speaking to over 10,000 children, youth and adults, spreading Cycle Chaak's vision and mission. But she did not only speak, at each stop she took the opportunity to plant trees too! Pranali is a force of nature, and nature is exactly what she is all about, using bicycles to stop pollution, protect nature and improve health.



Pranali departed kanthari on 01-01-2026 and arrived in Nagpur on 08-03-2026

Buthlezi Sichali - [Nthali](#) (Malawi)

Buthlezi equips Malawian farmers with tools to overcome droughts and poverty. By restoring depleted soil, he helps secure reliable harvests, and group savings contribute to a steady income. In the thirsty fields of Chimbalinga, he brought the Mthiliro farmers club together under a tree, where they have crafted rules, launched a bank-backed savings plan, brewed ecofriendly neem sprays, and sowed resilient cowpeas that thrive against the odds. Through this program, 14 farmers are gaining climate-proof tools and greater financial security. A first highlight



Zinvara Medicentre in Cameroon

was a grant from the African Union Development Agency to start the Soil Rangers Project.

Ika Putri Novita Wati - [Ecotica](#) (Indonesia)

Putri builds sustainable living practices amid urban waste and unfavorable climate conditions. She has teamed up with Fransisca (a 2024 kanthari graduate), who runs the organization Mental Health ID Indonesia. Together they are working on sustainable compost bins, healing gardens and development of a community Climate Café. Heavy rain and Ramadan slowed down the activities a bit, but Putri is confident about the next steps: identification of a property that Ecotica can turn into a model farm.

Manish Kumar - [KB Trust](#) (India)

Imagine Manish walking through the dusty lanes of Agra's Rohta and Khaloua villages, knocking on 87 doors, his voice steady as he invited parents to rethink their children's futures. As a result, he was delighted to welcome 10 parents, mainly women, which is rather rare, to a sun-warmed terrace, discussing schooling, fading family bonds, and the fear children feel sharing their dreams. By the end of the workshop, they agreed to further sessions. Now that the organization has completed its registration, sessions with the children can begin.

Adelaide Bih - [Zinvara Medicentre](#) (Cameroon)

Adelaide walks Cameroon's busy streets with flyers, bringing hope to Internally Displaced Persons,



Buthlezi with a group of Soil Rangers in Malawi



Manish with mothers and children in Agra, India

refugees, and people with low-income who can't afford doctors. She recently moved into a new space, where more than 150 patients have already signed up for her health service. For a small fee of 1,000 FCFA (approx. 1.70 USD), they receive check-ups and access to affordable lab tests. She and her team members also visit Internally Displaced Persons camps, providing health care services to those who cannot come to her clinic. The Zinvara Medicentre is a beacon of hope for many Cameroonians.

Updates from the kanthari campus

In the last quarter the campus may have seemed quiet, but behind the scenes the energy was anything but still. The entire team rolled up their sleeves to manually dig a large fishpond, turning sweat and teamwork into a new source of life-giving water. At the same time, the annual round of maintenance kept the campus humming; freshening up paintwork, repairing sanitation, and fine-tuning carpentry to keep everything running smoothly.

Then came the unexpected ripple from afar: the crisis in the Middle East squeezed the global LPG supply, leaving millions including our kitchen, facing uncertainty. To keep the pots cooking and the meals warm, we installed a set of induction cookers.

Our catalysts Rohin, Ravi, and Arvind have been on the move, visiting kanthari graduates on the ground to capture their journeys, challenges, and impact. These stories are being shaped into a series of mini-documentaries, and we are looking forward to the final results!

kanthari TALKS:

Missed a talk or want to revisit a favorite moment? All kanthari TALKS of the 2025 batch are now available online on the [kanthariTV youtube channel](#), ready to watch anytime.

Start of the new course:

On April 1st, the 17th kanthari course officially began, welcoming a new group of passionate change-makers from across the globe. The course began online, and at the end of May, we hope to welcome all participants to our campus. In our next Quarterly newsletter you will learn more about them.

*Dear friends,
As we end this newsletter, we are reminded that real change rarely arrives with headlines, it grows quietly in villages, classrooms, clinics, and conversations. It takes root in people who choose to act, even when the path is uncertain, even when the odds are uneven. At kanthari, these are the stories that keep us going.*

To all of you who walk alongside us, as supporters, partners, mentors, and friends, THANK YOU for believing that change is not only necessary, but possible.

Until next time, stay curious, stay courageous! And keep changing the things you cannot accept.

*with warmest regards,
sabriye and paul*

To make a donation, please scan the QR code, or [click here](#). Thank you



Raja KR—GNE - kanthari 2011



Vasundhara koppula — de-HUB
kanthari 2023



Shrishail Birajdar – Readers
Sanctuary—kanthari 2024



kanthari teamwork digging the new fishpond

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